

# Bringing Person-Centered Care to Life

## Laura Mosqueda, MD, FAAFP, AGSF

Professor of Family Medicine and Gerontology Director, National Center on Elder Abuse



@MosquedaMD
#PersonCenteredCare

Keck School of Medicine of USC

2016 California Summit on Long-Term Services and Supports Sacramento, CA

## Questions?!

Write down your questions as we go along and they'll be collected.

Thank you for writing clearly

## Background:

National Demographics State Demographics

# Project Purpose

To develop a clinical case (rooted in research) for person-centered care for older adults with chronic illness and functional impairment

"Person-centered care" means that individuals' values and preferences are elicited and, once expressed, guide all aspects of their health care, supporting their realistic health and life goals.

Person-centered care is achieved through a dynamic relationship among individuals, others who are important to them, and all relevant providers. This collaboration informs decisionmaking to the extent desired by the individual.

## Summary of Essential Elements

- Care plan
  - Individualized, goal-oriented, based on the person's preferences, ongoing review
- Interprofessional team
  - Primary/lead point of contact, continual info sharing, active coordination, integrated communication
- Performance measurement

## Summary

✓ Changing the way health care providers think about the practice of medicine.

Creating higher expectations and delivering on them.

✓ Improving the lives of older adults with chronic health conditions and functional impairment.

# Challenge

- How can person-centered care be incorporated into your practice?
  - New Kids on the Block: Whole person care and health homes
  - Fostering Care Coordinators in your Integrated Model
- What benefit(s) might person-centered care bring to your organization and those you serve?
  - New Quality Measure Approaches in PCC
  - Getting Person-Centered to Get Results

# <u>Acknowledgments</u>



#### **American Geriatrics Society**

- Nancy Lundebjerg
- Carol Goodwin
- Anna Mikhailovich

#### USC Davis School of Gerontology

Kate Wilber, PhD

#### Keck School of Medicine of USC

Alexis Coulourides Kogan, PhD

### **Expert Panel Members**

Community-Based Health Care and Social Service Exemplar Programs







Keck School of This study was supported by The SCAN Foundation Medicine of USC Grant#: 004446-00001