

Where is Long-Term Care Provided?

Long-term care services can be provided in a variety of settings including one's home (e.g., home care or personal care services), in the community (e.g., adult day care), in residential settings (e.g., assisted living or board and care homes), or in institutional settings (e.g., intermediate care facilities or nursing homes). The term "home- and community-based services" refers collectively to those services that are provided outside of institutional settings.

This fact sheet is one in a series that provides basic information on the "who, what, when, where, why, and how" of long-term care. All the references accessed to produce this fact sheet are provided for further review.

- As of 2007, there were 16,145 nursing facilities in the U.S.¹
- The total number of nursing facility residents in 2007 was **1.44 million**. These individuals occupied 85% of the 1.7 million nursing facility beds that year. ¹
- **14%** of adults living in nursing facilities in 2007 were age 85 and older, compared with **3.3%** of adults who were 65 and older.¹
- From 2002 to 2007, the number of nursing facility residents increased by **1 percent** and the number of nursing home beds increased by **2 percent**.¹
- Medicaid 1915(c) waivers allow states to offer home and community-based services to individuals who would otherwise receive care in a nursing home. In 2006, 554,215 participated in Medicaid 1915(c) waiver programs for the aged and aged/disabled, 873,607 individuals received home health services, 881,762 individuals received personal care services.²
- As of 2009, there are an estimated 10,581 Medicare-certified home health agencies in the U.S.³
- The Program of All-inclusive Care for the Elderly (PACE) provides integrated care to frail elderly from an interdisciplinary team of health care and other professionals. The number of PACE programs grew from 30 in 1999 to 72 in 2009.⁴
- As of February 2010, **18,000** beneficiaries in 30 states were enrolled in PACE.⁴
- There were 39,005 assisted living/residential care facilities with 1,000,476 units in 2007.¹
- There are approximately 4,600 adult day services programs operating across the country.⁵
- More than 150,000 individuals receive care and services at an adult day center each day.⁵
- From 2000 to 2005, Medicaid aged/disabled waiver participants increased by 30 percent.¹

 The number of beneficiaries on waiting lists for Medicaid home and community-based services waiver programs – 331,689 individuals in 33 states in 2007 – increased by 18 percent over the previous year.⁶

Sources

- 1. Gibson M, Fox-Grage W, Houser A. Across the States 2009: Profiles in Long-Term Care and Independent Living: Executive Summary, Data and Rankings, 8th Edition. 2009; http://assets.aarp.org/rgcenter/il/d19105 2008 ats.pdf. Accessed August 13, 2010.
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- 6. The Henry J. Kaiser Family Foundation, The Kaiser Commission on Medicaid and the Uninsured. Medicaid and Long-Term Care Services and Supports. 2009; http://www.kff.org/medicaid/upload/2186 06.pdf. Accessed August 18, 2010.



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