<table>
<thead>
<tr>
<th>Benefit</th>
<th>Number of Plans Offering in 2020</th>
<th>Number of Plans Offering in 2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>In-Home Support Services</td>
<td>223</td>
<td>430</td>
</tr>
<tr>
<td>Adult Day Health Services</td>
<td>84*</td>
<td>127</td>
</tr>
<tr>
<td>Home-Based Palliative Care</td>
<td>61</td>
<td>134</td>
</tr>
<tr>
<td>Support for Caregivers of Enrollees</td>
<td>125</td>
<td>95</td>
</tr>
<tr>
<td>Therapeutic Massage</td>
<td>230</td>
<td>176</td>
</tr>
<tr>
<td><strong>Total (offering at least 1 of these benefits)</strong></td>
<td><strong>499</strong></td>
<td><strong>738</strong></td>
</tr>
</tbody>
</table>

Note: For all analyses and throughout these charts, a ‘plan’ is defined as the combination of a Contract Number, Plan ID, and Segment ID. Analyses capture benefits that are filed under specific variables for the benefits above and do not capture benefits filed under “Other” categories.

Source: ATI Advisory analysis of CMS PBP files, excludes PDPs, MMPs, Part B-only plans, and PACE.

*Note: Past analyses listed 85 plans offering Adult Day Health, but due to change in methods (exclusion of Medicare-Medicaid Plans), 1 plan is excluded.
Plans Offering New Primarily Health-Related Supplemental Benefits in Calendar Year 2021

<table>
<thead>
<tr>
<th>Number of Plans Offering these Benefits in 2020¹</th>
<th>Number of Plans Offering these Benefits in 2021¹</th>
</tr>
</thead>
<tbody>
<tr>
<td>499 (361 excluding D-SNPs)</td>
<td>738 (584 excluding D-SNPs)</td>
</tr>
</tbody>
</table>

Source: 1. ATI Advisory analysis of CMS PBP files, includes D-SNPs, excludes PDPs, MMPs, Part B-only plans, and PACE.

Map of Counties Offering New Primarily Health-Related Supplemental Benefits in CY 2021 (including D-SNPS)

Number of Counties: 1,943 (including Puerto Rico and states not displayed in map)
Expanded Definition of Primarily Health-Related Supplemental Benefits
## In-Home Support Services

### What are “In-Home Support Services?”

“In-home support services to assist individuals with disabilities and/or medical conditions in performing ADLs and IADLs within the home...Services must be provided by individuals licensed by the state to provide personal care services, or in a manner that is otherwise consistent with state requirements.”

### How many plans are offering In-Home Support Services in CY 2021?

**430 Plans**

Offering In-Home Support Services in CY 2021 (299 plans excluding D-SNPs)

In CY 2020, offered by 223 Plans (93% increase)

### Where are these benefits being offered?

**36 states and Puerto Rico**

have plans offering In-Home Support in at least one county in CY 2021

### Which organizations are predominantly offering In-Home Support?

- American Health Companies, Inc.
- Anthem Inc.
- Capital BlueCross
- Centene/WellCare
- Humana
- Spectrum Health System
- Summa Health System
- Amerigroup
- SSM Healthcare Corporation
- Blue Cross Blue Shield of Michigan

---

Source: ATI Advisory analysis of PBP files. 1. CMS Guidance. 2. Note: Analysis excludes PDPs, MMPs, Part B-only plans, and PACE.
Counties Where In-Home Support Services Are Available in 2021

Note: This map does not include Hawaii, Alaska, or other U.S. territories (like Puerto Rico) where plans may be offered.

Source: ATI Advisory analysis of CMS PBP files.
## Adult Day Health Services

### What are “Adult Day Health Services?”

“Services provided outside the home such as assistance with ADLs/IADLs, education to support performance of ADLs/IADLs, physical maintenance/rehabilitation activities, and social work services...adult day care services must be health related and provided by staff whose qualifications and/or supervision meet state licensing requirements.”

### How many plans are offering Adult Day Health Services in CY 2021?

**127 Plans**

Offering Adult Day Health Services in CY 2021 (88 plans excluding D-SNPs and MMPs)

In CY 2020, offered by 84 Plans (51% increase)

### Where are these benefits being offered?

**17 states**

have plans offering Adult Day Health in at least one county in CY 2021

### Which organizations are offering Adult Day Health Services?

- Anthem Inc.
- UnitedHealthcare
- Empire BlueCross BlueShield
- El Paso County Hospital District
- Cigna

Source: ATI Advisory analysis of PBP files. 1. CMS Guidance. 2. Note: Analysis excludes PDPs, MMPs, Part B-only plans, and PACE.
Counties Where Adult Day Health Services Are Available in 2021

Note: This map does not include Hawaii, Alaska, or other U.S. territories (like Puerto Rico) where plans may be offered.

Source: ATI Advisory analysis of CMS PBP files.
Home-Based Palliative Care

What is “Home-Based Palliative Care?”

“Home-based palliative care services to diminish symptoms of terminally ill members with a life expectancy of greater than six months not covered by Medicare (e.g., palliative nursing and social work services in the home not covered by Medicare Part A).”¹

How many plans are offering Home-Based Palliative Care in CY 2021?

134 Plans
Offering Home-Based Palliative Care in CY 2021
(128 plans excluding D-SNPs and MMPs)

In CY 2020, offered by 61 Plans (120% increase)

Where are these benefits being offered?

11 states
have plans offering Home-Based Palliative Care in at least one county in CY 2021²

Which organizations are offering Home-Based Palliative Care?

- Cambia Health Solutions, Inc.
- Chinese Hospital Association
- Henry Ford Health System
- Independence Health Group, Inc.
- Medical Mutual of Ohio
- UPMC Health System
- Moses H. Cone Memorial Hospital Corp.
- Hawaii Medical Service Association
- HealthPartners, Inc.
- Kaiser Foundation Health Plan, Inc.

Source: ATI Advisory analysis of PBP files. 1. CMS Guidance. 2. Note: Analysis excludes PDPs, MMPs, Part B-only plans, and PACE.
Counties Where Home-Based Palliative Care Are Available in 2021

Note: This map does not include Hawaii, Alaska, or other U.S. territories (like Puerto Rico) where plans may be offered.

Source: ATI Advisory analysis of CMS PBP files.
Support for Caregivers of Enrollees

What is “Caregiver Support?”

“Respite care provided through a personal care attendant or the provision of short-term institutional-based care, as appropriate...Respite care should be for short periods of time (e.g., a few hours each week, a two-week period, a four-week period) and may include services such as counseling and training courses for caregivers of enrollees.”

How many plans are offering Caregiver Support in CY 2021?

95 Plans
Offering Caregiver Support in CY 2021 (87 plans excluding D-SNPs and MMPs)

In CY 2020, offered by 125 Plans (24% decrease)

Where are these benefits being offered?

13 states
have plans offering Caregiver Support in at least one county in CY 2021

Which organizations are offering Caregiver Support?

- Guidewell Mutual Holding Corporation
- MHNU Corporation
- SCAN Health Plan
- UCare Minnesota
- UPMC Health System
- Blue Cross and Blue Shield of Kansas City
- Select Founders, LLC
- Aware Integrated, Inc.
- El Paso County Hospital District
- Blue Cross & Blue Shield of Rhode Island
- Doctors Healthcare Plans, Inc.
- Blue Cross Blue Shield of Michigan Mutual Ins. Co.
- Reliance HMO, Inc.
- Shared Health Dual Plus

Source: ATI Advisory analysis of PBP files. 1. CMS Guidance. 2. Note: Analysis excludes PDPs, MMPs, Part B-only plans, and PACE.
Counties Where Caregiver Support Is Available in 2021

Note: This map does not include Hawaii, Alaska, or other U.S. territories (like Puerto Rico) where plans may be offered.

Source: ATI Advisory analysis of CMS PBP files.
Therapeutic Massage

What is “Therapeutic Massage?”
“Medically approved non-opioid pain treatment alternatives, including therapeutic massage furnished by a state licensed massage therapist. “Massage” should not be singled out as a particular aspect of other coverage (e.g., chiropractic care or occupational therapy) and must be ordered by a physician or medical professional in order to be considered primarily health related and not primarily for the comfort or relaxation of the enrollee.”

How many plans are offering Therapeutic Massage in CY 2021?

**176 Plans**
Offering Therapeutic Massage in CY 2021 (158 plans excluding D-SNPs and MMPs)

In CY 2020, offered by 230 Plans (23% decrease)

Where are these benefits being offered?

**23 states and Puerto Rico**
have plans offering Therapeutic Massage in at least one county in CY 2021²

Which organizations are offering Therapeutic Massage?

- Anthem Inc.
- Cambia Health Solutions, Inc.
- Centene Corporation
- CHRISTUS Health
- Harvard Pilgrim Health Care, Inc.
- Horizon Healthcare Services, Inc.
- Network Health, Inc.
- SCAN Health Plan
- Summa Health System Community
- Ultimate Health Plan, Inc.
- "University of Wisconsin Hospitals and Clinics
- Arkansas Blue Medicare
- Braven Health
- Devoted Health
- "BayCare Health System, Inc.
- Blue Cross Blue Shield of Arizona
- "Medical Card System, Inc.
- AlohaCare
- HMO Partners, Inc.
- Reliance HMO, Inc.

Source: ATI Advisory analysis of PBP files. 1. CMS Guidance. 2. Note: Analysis excludes PDPs, MMPs, Part B-only plans, and PACE.
Counties Where Therapeutic Massage Is Available in 2021

Note: This map does not include Hawaii, Alaska, or other U.S. territories (like Puerto Rico) where plans may be offered.

Source: ATI Advisory analysis of CMS PBP files.
Other Expanded Supplemental Benefits
Number of Plans Using Expanded Supplemental Benefit Authorities from Plan Year 2020 to Plan Year 2021

Number of Plans Using Different Supplemental Benefit Authorities

- Uniform Flexibility: 308 (2020), 500 (2021)


*Note: Except for Primarily Health-Related Benefits, Plan Year 2021 numbers are approximate - from CMS press release.
Stay Tuned for Data and Analysis of Special Supplemental Benefits for the Chronically Ill in 2021

• ATI Advisory will update these charts with SSBCI offerings for Calendar Year 2021 once the data become available in early 2021
• ATI Advisory will also update these charts to reflect enrollment once 2021 enrollment data are available
• For information on Plan Year 2020 offerings (including SSBCI), see our past analysis