

# For People 50+

# Care Preferences Matter

*2014-2020 data: Adults 50+ feel their care preferences are being considered more often, but stark racial, economic, and geographic inequities remain*

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## A Note From The SCAN Foundation President

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The ongoing promise of health care reforms is for more meaningful care at lower costs. To achieve this, a person's goals and values must guide care decisions and care delivery.

In my experience as a clinician, this means actively asking individuals their preferences to inform the care I deliver.

In a comprehensive analysis of older adults' care preferences, Marc Cohen, PhD, and his team at The LeadingAge LTSS Center @UMass Boston and Community Catalyst found that **since 2020, more older adults feel their care preferences are being usually/always considered, but their experiences vary, highlighting inequities.**

These inequities cut across race/ethnicity, age, income, insurance type, marital/partnership status, and location.

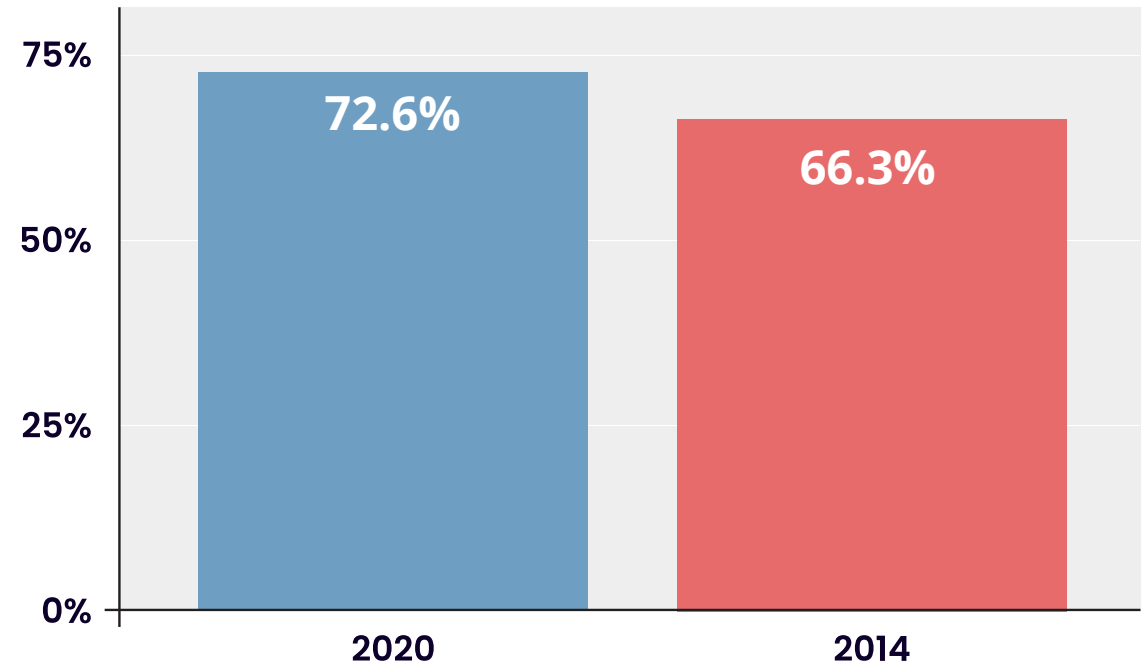
I encourage you to delve into the data to see how far the health care system has come in implementing promising improvements in prioritization of personal preferences, yet how much more work remains to achieve equity.



# TRENDS MATTER

More than seven in 10 people 50+ feel their care preferences were usually/always considered (2020 data)

## Age 50+ Reporting Care Preferences Usually/Always Considered

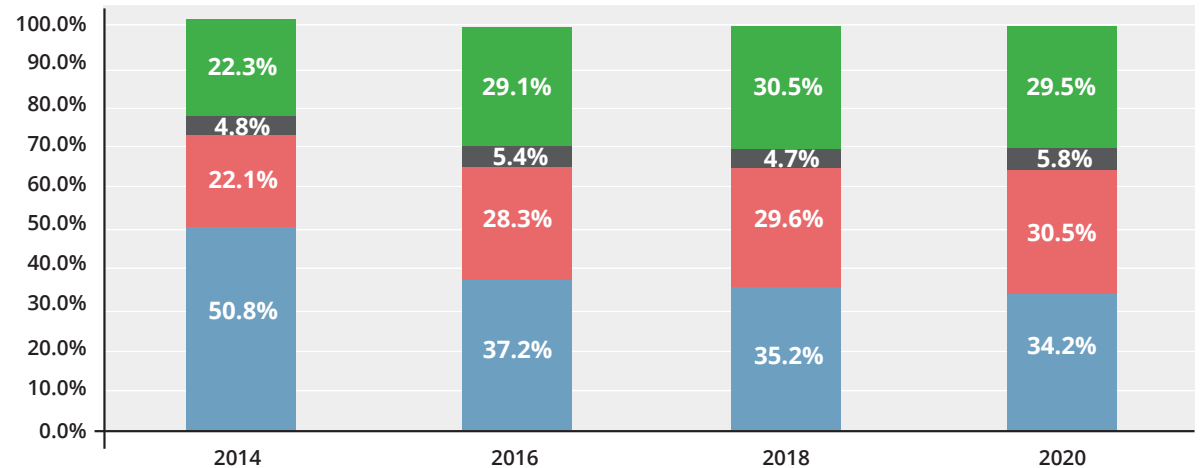


Respondents were asked: Thinking about your experiences with the health care system over the past year, how often were your preferences for care taken into account, never, sometimes, usually, or always?

# RACE MATTERS

Trends improved for white people age 50+, but declined for People of Color, who were more likely to report having their care preferences never considered

## Age 50+ Reporting Care Preferences Never Considered



Never Preferences

### Races/Ethnicities

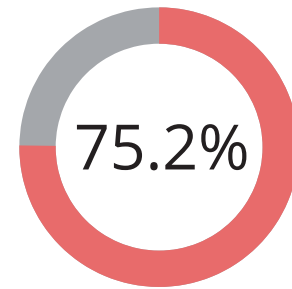
■ Non-Hispanic White ■ Non-Hispanic Black ■ Non-Hispanic Other ■ Hispanic

# AGE MATTERS

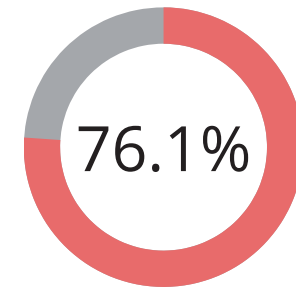
Three out of four people 50+ reported their care preferences were usually/always considered

## Age 50+ Reporting Care Preferences Usually/Always Considered

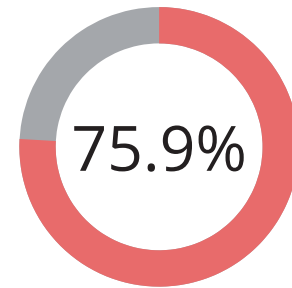
### 2020 DATA



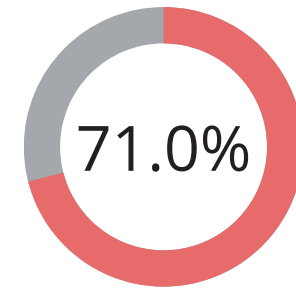
AGES 85+



AGES 75-84



AGES 65-74



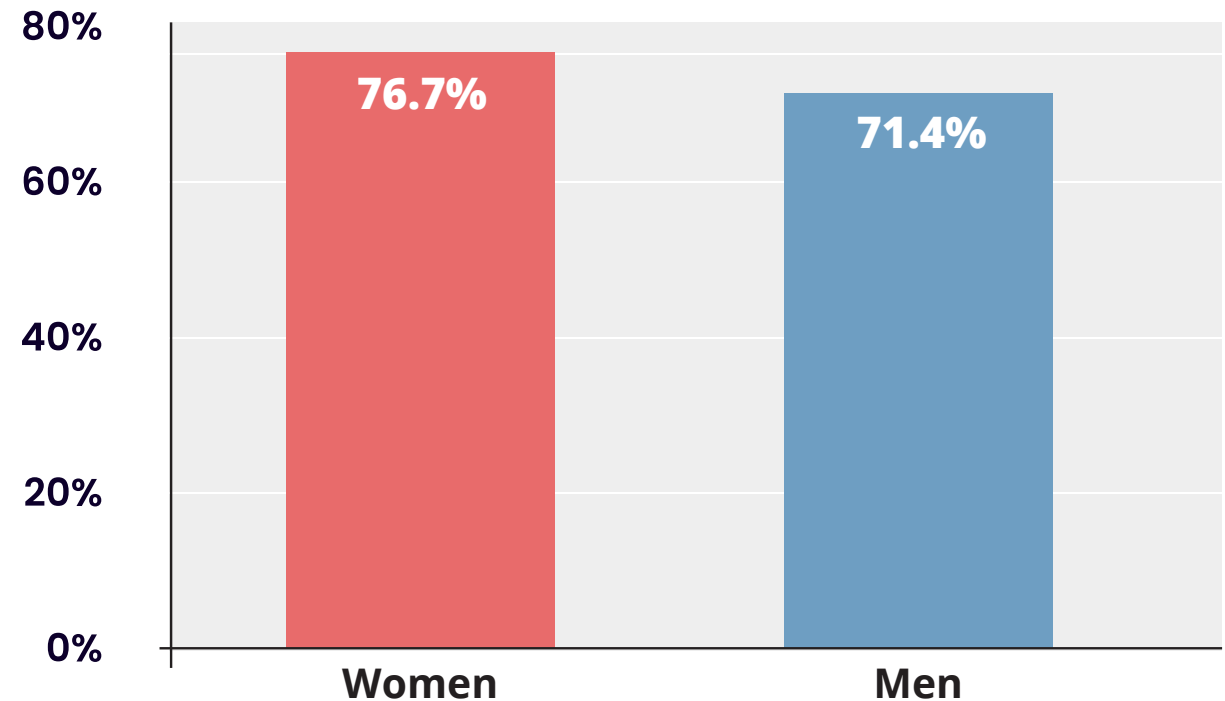
AGES 50-64

# GENDER MATTERS

Women age 50+ were more likely than men to report their care preferences were usually/always considered

## Age 50+ Reporting Care Preferences Usually/Always Considered

2020 DATA

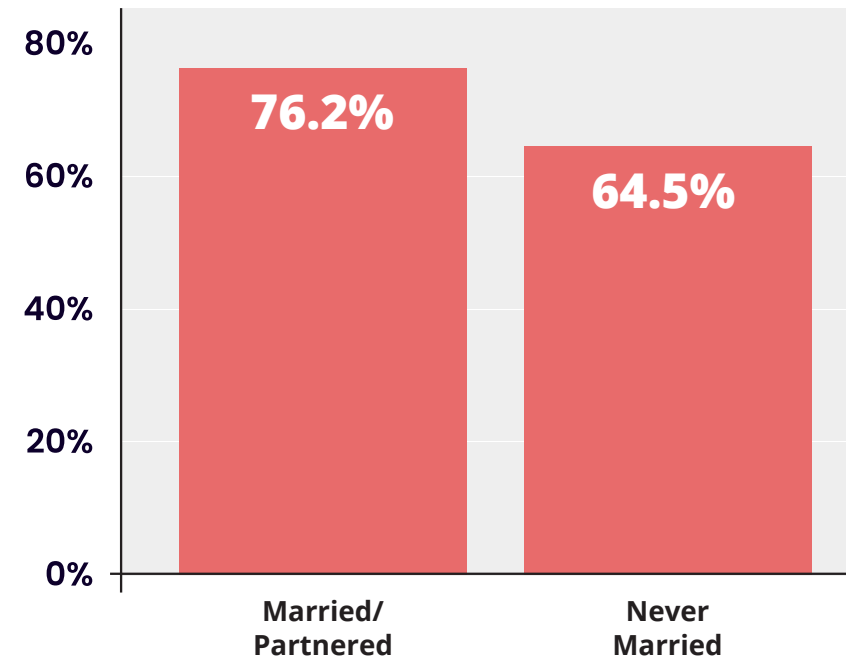


# MATES MATTER

Partnered people age 50+ were more likely to report their care preferences were usually/always considered

## Age 50+ Reporting Care Preferences Usually/Always Considered

2020 DATA

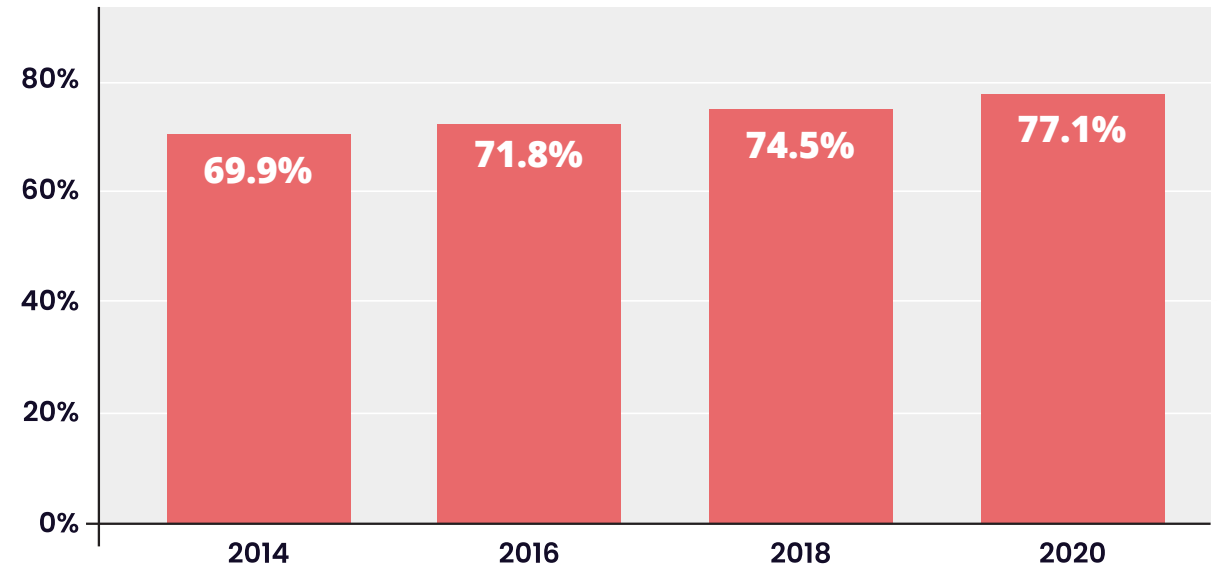


# A USUAL SOURCE OF CARE MATTERS

People 50+ with a usual source of care reported an increase in their care preferences being usually/always considered

Usual source of care is defined as a primary care doctor's office/clinic/health center.

## Age 50+ Reporting Care Preferences Usually/Always Considered



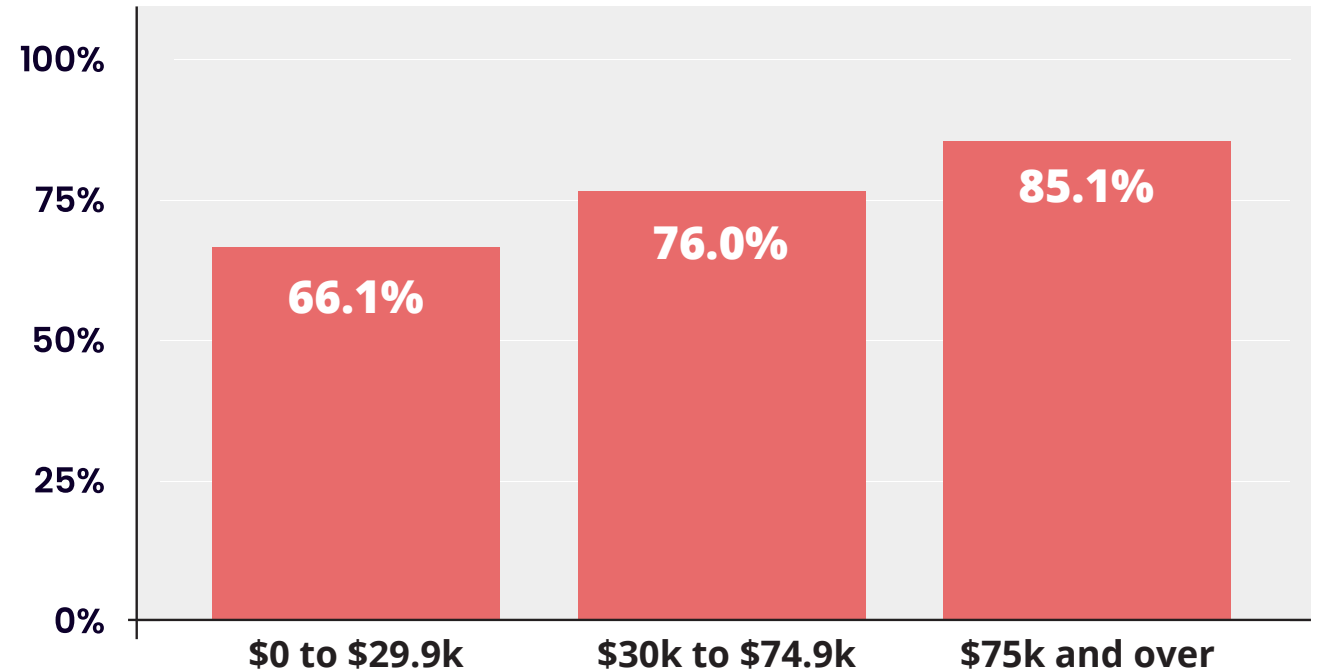


# INCOME MATTERS

People 50+ with higher incomes were more likely to report their care preferences were usually/always considered

## Age 50+ Reporting Care Preferences Usually/Always Considered

2020 DATA

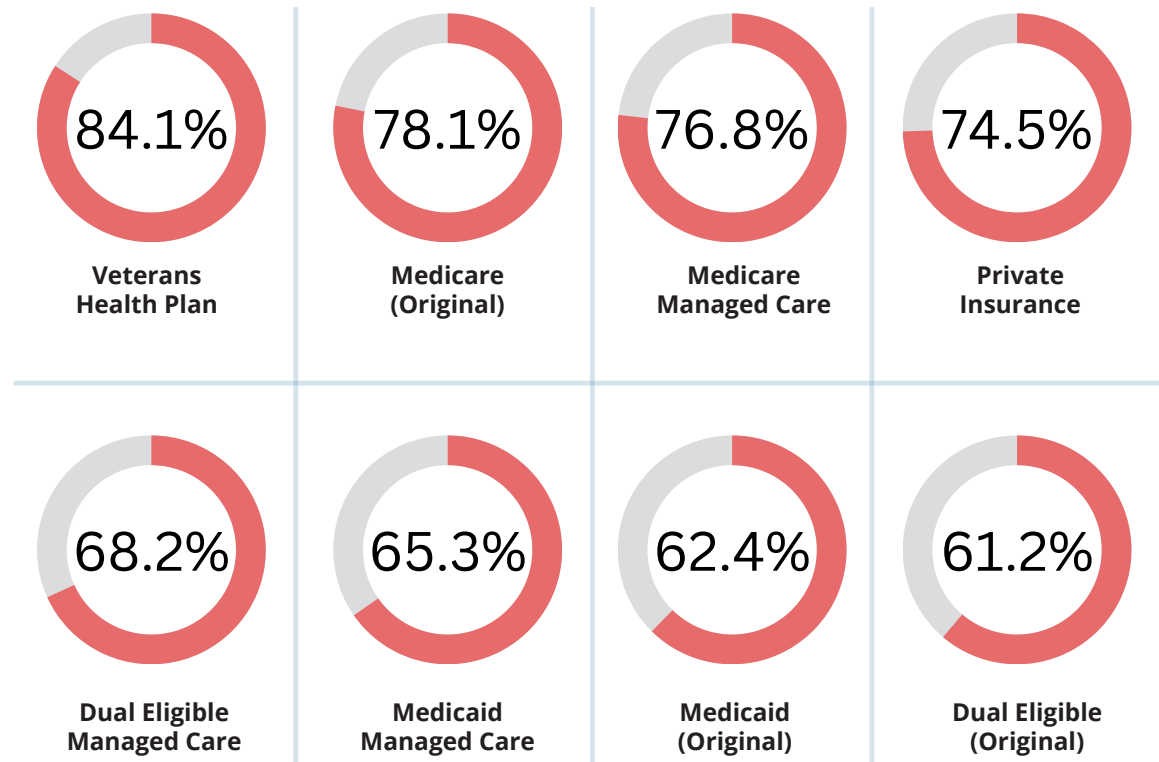


# TYPE OF COVERAGE MATTERS

People 50+ with a Veterans Health Plan or Medicare were most likely to report their care preferences were usually/always considered

## Age 50+ Reporting Care Preferences Usually/Always Considered

### 2020 DATA

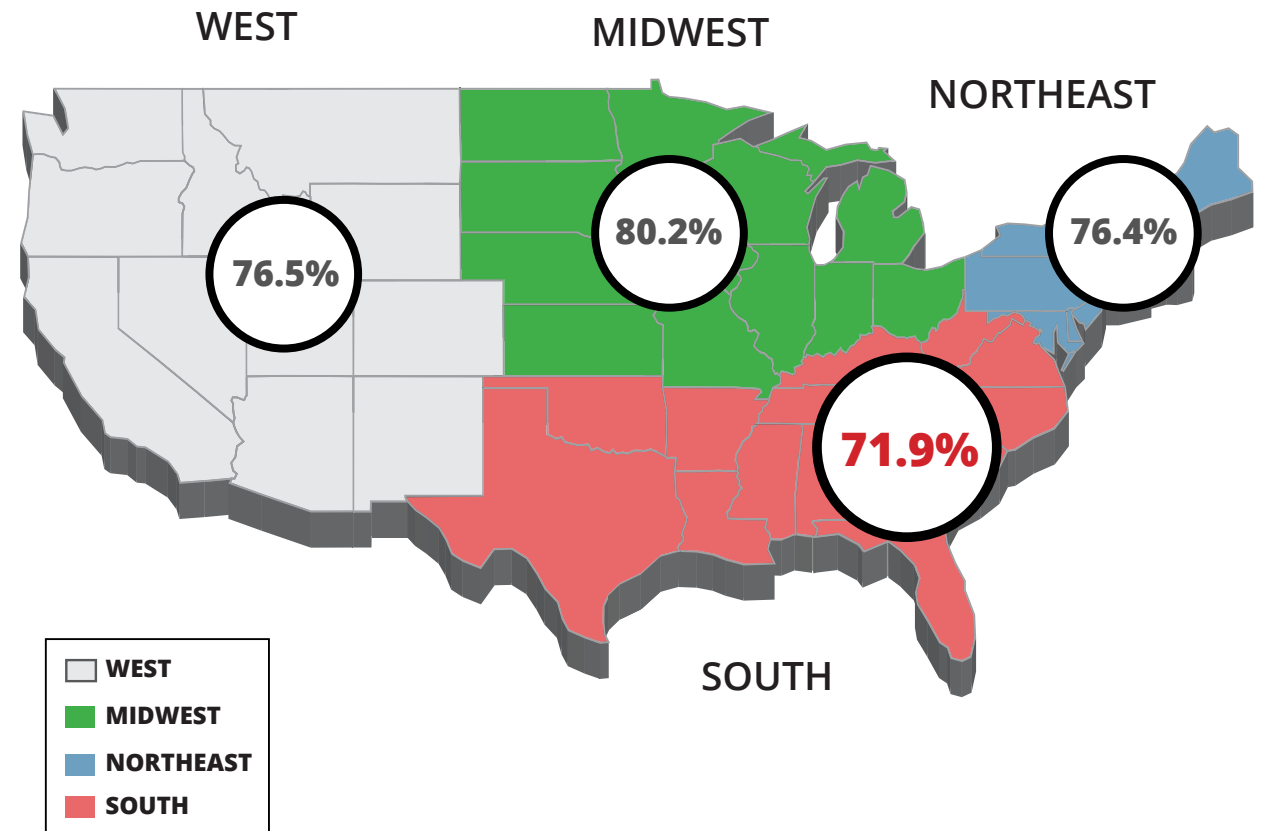


# GEOGRAPHY MATTERS

People 50+ in the South were the least likely to report their care preferences were usually/always considered

## Age 50+ Reporting Care Preferences Usually/Always Considered

2020 DATA



# Appendix

## Respondents were asked:

*Thinking about your experiences with the health care system over the past year, how often were your preferences for care taken into account, never, sometimes, usually, or always?*

## 2020 Data Analysis: Race Stratification Non-Hispanic Black Survey Respondent Information

## 2020 Data Analysis: Non-Hispanic Black Survey Respondent Information

<b>Variables</b>	<b>Never/Sometimes</b>	<b>Usually/Always</b>
<b>Age (Mean)</b>	69.6	69.3
50 to 64	32.6%	34.2%
65 to 74	40.3%	40.0%
75 to 84	20.3%	19.7%
85+	6.8%	6.1%
<b>Gender</b>		
Female	60.5%	66.8%
Male	39.5%	33.2%
<b>Education Yrs (Mean)</b>	12.9	13.7
<b>Marital Status</b>		
Married/Partnered	32.6%	37.6%
Widowed	24.0%	20.2%
Divorced/Separated	27.8%	29.7%
Never Married	15.6%	12.5%
<b>Financial Characteristcs</b>		
Household Income (Mean)	\$36,606	\$54,838
\$0 to\$ 29.9K	61.5%	46.7%
\$30k to \$74.9K	26.0%	29.7%
\$75k and over	12.6%	23.6%
Net Wealth Mean	\$122,165	\$170,034
Below FPL	27.6%	18.6%
Receives Government Assistance Benefits	25.0%	22.9%
Retired	57.2%	54.1%
Out-of-Pocket Medical Expenditures (Mean)	\$2,075	\$2,051

## 2020 Data Analysis: Non-Hispanic Black Survey Respondent Information

<b>Variables</b>	<b>Never/Sometimes</b>	<b>Usually/Always</b>
<b>Health</b>		
Self-rated Health (Mean) (1 to 5 scale; 1=poor, 5=excellent)	2.8	3.4
Poor/Fair Health	41.9%	31.4%
Depression	26.4%	20.9%
Chronic Conditions (Mean)	2.7	2.5
Impaired Cognition	3.9%	2.0%
ADLs (Mean)	1.5	1.3
IADLs (Mean)	2.6	2.1
BMI (Mean)	30.2	30.7
Current Smoker	17.7%	13.7%
Exercise Moderate/Vigorous more than once/week	66.4%	70.9%
<b>Healthcare Utilization</b>		
Had a Hospital Stay (last 2yrs)	20.2%	24.9%
Number of Days in Hospital if had a Stay (last 2yrs) (Mean)	7.7	9.1
Had a Nursing Home Stay (last 2yrs)	2.6%	3.8%
Number of Days in Nursing Home if had a Stay (last 2yrs) (Mean)	41.9	15.2
Number of Doctor Visits (last 2yrs) (Mean)	6.8	8.4
Utilized Home Healthcare (last 2yrs)	13.3%	13.8%
Utilized Specialized Health Facility (last 2yrs)	16.2%	18.6%
Had Outpatient Surgery (last 2yrs)	12.8%	15.5%
Currently Taking Regular Prescription Drugs	85.9%	91.9%
Has Usual Source of Care	77.2%	89.4%

## 2020 Data Analysis: Non-Hispanic Black Survey Respondent Information

<b>Variables</b>	<b>Never/Sometimes</b>	<b>Usually/Always</b>
<b>Healthcare Coverage</b>		
Medicare Original	15.4%	13.4%
Medicare Managed Care	12.1%	14.5%
Medicaid Original	18.1%	13.6%
Medicaid Managed Care	12.7%	14.0%
Dual Eligible Original	19.8%	13.6%
Dual Eligible Managed Care	10.2%	14.2%
Veteran Health Plan	0.5%	1.8%
Private Insurance	11.2%	14.9%
<b>Census Region</b>		
Northeast	12.4%	15.7%
Midwest	16.2%	17.1%
South	63.8%	58.0%
West	7.6%	9.2%
<b>Healthcare Satisfaction Rating</b>		
Very Dissatisfied	2.9%	0.8%
Somewhat Dissatisfied	4.3%	1.8%
Neutral	14.7%	11.9%
Somewhat Satisfied	39.6%	30.6%
Very Satisfied	38.5%	55.0%



## Respondents were asked:

*Thinking about your experiences with the health care system over the past year, how often were your preferences for care taken into account, never, sometimes, usually, or always?*

## 2020 Data Analysis: Race Stratification Hispanic Survey Respondent Information

## 2020 Data Analysis: Hispanic Survey Respondent Information

<b>Variables</b>	<b>Never/Sometimes</b>	<b>Usually/Always</b>
<b>Age (Mean)</b>	68.6	68.9
50 to 64	37.0%	33.4%
65 to 74	40.0%	44.0%
75 to 84	17.9%	16.8%
85+	5.2%	5.7%
<b>Gender</b>		
Female	55.5%	63.6%
Male	44.5%	36.4%
<b>Education Yrs (Mean)</b>	9.7	10.9
<b>Marital Status</b>		
Married/Partnered	62.7%	62.1%
Widowed	16.4%	15.5%
Divorced/Separated	15.9%	17.2%
Never Married	5.0%	5.3%
<b>Financial Characteristics</b>		
Household Income (Mean)	\$40,754	\$45,262
\$0 to \$ 29.9K	59.4%	55.0%
\$30k to \$74.9K	27.8%	30.4%
\$75k and over	12.9%	14.6%
Net Wealth Mean	\$182,794	\$232,459
Below FPL	31.9%	24.3%
Receives Government Assistance Benefits	15.1%	17.5%
Retired	41.1%	45.6%
Out-of-Pocket Medical Expenditures (Mean)	\$2,013	\$2,169

## 2020 Data Analysis: Hispanic Survey Respondent Information

Variables	Never/Sometimes	Usually/Always
<b>Health</b>		
Self-rated Health (Mean) (1 to 5 scale; 1=poor, 5=excellent)	2.5	3.2
Poor/Fair Health	49.3%	44.3%
Depression	25.6%	23.0%
Chronic Conditions (Mean)	2.3	2.2
Impaired Cognition	2.5%	3.3%
ADLs (Mean)	1.5	1.1
IADLs (Mean)	2.7	2.2
BMI (Mean)	29.1	29.9
Current Smoker	8.9%	7.4%
Exercise Moderate/Vigorous more than once/week	73.6%	71.1%
<b>Healthcare Utilization</b>		
Had a Hospital Stay (last 2yrs)	15.6%	18.7%
Number of Days in Hospital if had a Stay (last 2yrs) (Mean)	8.3	8.5
Had a Nursing Home Stay (last 2yrs)	2.0%	2.4%
Number of Days in Nursing Home if had a Stay (last 2yrs) (Mean)	12.2	22.8
Number of Doctor Visits (last 2yrs) (Mean)	3.4	5.9
Utilized Home Healthcare (last 2yrs)	6.2%	8.6%
Utilized Specialized Health Facility (last 2yrs)	7.5%	12.0%
Had Outpatient Surgery (last 2yrs)	8.9%	13.7%
Currently Taking Regular Prescription Drugs	75.1%	86.4%
Has Usual Source of Care	65.4%	77.8%

## 2020 Data Analysis: Hispanic Survey Respondent Information

<b>Variables</b>	<b>Never/Sometimes</b>	<b>Usually/Always</b>
<b>Healthcare Coverage</b>		
Medicare Original	14.0%	14.0%
Medicare Managed Care	11.4%	14.6%
Medicaid Original	16.1%	14.5%
Medicaid Managed Care	16.7%	13.9%
Dual Eligible Original	13.9%	14.0%
Dual Eligible Managed Care	7.3%	14.6%
Veteran Health Plan	0.8%	2.2%
Private Insurance	19.8%	12.2%
<b>Census Region</b>		
Northeast	13.9%	14.4%
Midwest	3.5%	3.5%
South	45.5%	39.4%
West	37.1%	42.7%
<b>Healthcare Satisfaction Rating</b>		
Very Dissatisfied	2.8%	0.6%
Somewhat Dissatisfied	4.2%	1.7%
Neutral	18.5%	10.7%
Somewhat Satisfied	37.6%	27.6%
Very Satisfied	36.9%	59.3%

## Respondents were asked:

*Thinking about your experiences with the health care system over the past year, how often were your preferences for care taken into account, never, sometimes, usually, or always?*

## 2020 Data Analysis: Preferences Rating Columns

*The preferences rating columns show the relationship between people who answered the question above and various social demographic characteristics. Because this is a “column analysis”, it shows among the various preference categories the breakdown of socio-demographic characteristics and the proportions for a given category will sum to 100% within each preference rating. It is a different way of displaying the same relationship compared to preferences rating rows.*

## 2020 Data Analysis: Preferences Rating Columns

Question Answers	Never/Sometimes				Usually/Always			
Total Sample 2014 to 2020	2014	2016	2018	2020	2014	2016	2018	2020
<b>Age (Mean)</b>	66.1	66.4	67.5	68.8	67.5	69.3	71.1	68.8
50 to 64	53.1%	43.2%	35.7%	46.3%	44.0%	37.3%	30.3%	40.3%
65 to 74	24.3%	25.2%	28.5%	27.2%	29.8%	31.0%	32.3%	30.1%
75 to 84	18.5%	25.5%	26.6%	18.8%	21.5%	24.2%	27.0%	21.2%
85+	4.2%	6.1%	9.2%	7.7%	4.6%	7.5%	10.3%	8.5%
<b>Gender</b>								
Female	56.8%	57.0%	56.8%	62.6%	60.8%	60.9%	60.8%	56.4%
Male	43.2%	43.0%	43.2%	37.4%	39.2%	39.1%	39.2%	43.6%
<b>Race/Ethnicity</b>								
Non-Hispanic White	46.4%	41.6%	40.7%	38.3%	69.2%	69.7%	68.6%	69.1%
Non-Hispanic Black	26.3%	28.9%	29.1%	30.1%	17.0%	16.5%	17.3%	17.2%
Non-Hispanic Other	4.1%	4.4%	4.2%	4.8%	2.8%	2.8%	2.9%	2.8%
Hispanic	23.2%	25.1%	26.0%	26.8%	10.9%	11.0%	11.1%	10.9%
<b>Education Yrs (Mean)</b>	12.4	11.7	12.1	12.2	13.7	13.7	13.7	13.6
<b>Marital Status</b>								
Married/Partnered	55.3%	52.7%	50.3%	47.5%	60.9%	58.6%	55.6%	55.1%
Widowed	17.7%	20.7%	21.3%	18.8%	17.7%	19.1%	21.8%	18.2%
Divorced/Separated	20.7%	19.8%	20.7%	23.5%	16.7%	16.9%	17.4%	19.9%
Never Married	6.3%	6.8%	7.7%	10.2%	4.6%	5.4%	5.2%	6.8%

## 2020 Data Analysis: Preferences Rating Columns

Question Answers	Never/Sometimes				Usually/Always			
Total Sample 2014 to 2020	2014	2016	2018	2020	2014	2016	2018	2020
<b>Financial Characteristics</b>								
Household Income (Mean)	\$55,544	\$47,374	\$53,411	\$49,432	\$80,400	\$80,803	\$81,935	\$90,103
\$0 to \$ 29.9K	47.3%	50.0%	53.6%	54.4%	30.9%	33.1%	34.3%	32.8%
\$30k to \$74.9K	33.6%	32.3%	29.5%	29.6%	34.5%	34.0%	34.0%	33.8%
\$75k and over	19.0%	17.7%	17.0%	16.1%	34.7%	32.8%	31.7%	33.4%
Net Wealth Mean	\$271,257	\$264,501	\$348,255	\$343,587	\$528,717	\$575,773	\$655,484	\$714,564
Below FPL	20.4%	20.8%	20.9%	19.8%	9.7%	9.6%	9.8%	6.8%
Receives Government Assistance Benefits	17.1%	16.6%	15.8%	15.0%	13.9%	13.6%	13.9%	9.4%
Retired	44.2%	52.7%	57.2%	47.2%	50.1%	56.3%	61.1%	61.4%
Out-of-Pocket Medical Expenditures (Mean)	\$2,677	\$2,868	\$2,483	\$2,832	\$2,748	\$3,399	\$3,424	\$2,971
<b>Health</b>								
Self-rated Health (Mean) (1 to 5 scale; 1=poor, 5=excellent)	3.0	3.1	3.1	3.0	2.8	2.8	2.9	3.0
Poor/Fair Health	34.5%	38.2%	40.3%	38.5%	23.3%	24.4%	25.8%	25.5%
Depression	26.7%	27.3%	27.4%	27.2%	17.1%	16.1%	16.7%	16.3%
Chronic Conditions (Mean)	2.1	2.2	2.4	2.5	2.1	2.2	2.5	2.3
Impaired Cognition	1.6%	2.5%	2.0%	1.3%	0.9%	1.1%	1.4%	1.6%
ADLs (Mean)	0.4	0.4	0.5	0.6	0.3	0.4	0.4	0.5
IADLs (Mean)	0.6	0.7	0.9	1.0	0.6	0.6	0.8	0.8
BMI (Mean)	29.1	29.2	28.9	29.1	28.9	28.7	28.8	28.9
Current Smoker	17.0%	14.7%	14.3%	15.2%	9.9%	9.8%	8.8%	10.4%
Exercise Moderate/Vigorous more than once/week	68.1%	64.5%	61.8%	70.4%	72.2%	70.7%	67.7%	73.2%

## 2020 Data Analysis: Preferences Rating Columns

Question Answers	Never/Sometimes				Usually/Always			
Total Sample 2014 to 2020	2014	2016	2018	2020	2014	2016	2018	2020
<b>Healthcare Utilization/Insurance</b>								
Had a Hospital Stay (last 2yrs)	20.0%	23.2%	24.0%	16.8%	22.5%	25.1%	25.8%	22.5%
Number of Days in Hospital if had a Stay (last 2yrs) (Mean)	1.4	2.0	2.1	7.9	1.6	1.9	2.0	7.4
Had a Nursing Home Stay (last 2yrs)	2.1%	2.9%	3.5%	2.4%	2.6%	3.7%	4.7%	3.4%
Number of Days in Nursing Home if had a Stay (last 2yrs) (Mean)	3.6	3.8	6.3	16.4	3.0	8.1	11.9	26.7
Number of Doctor Visits (last 2yrs) (Mean)	7.5	8.7	8.4	6.5	9.7	10.4	9.8	8.6
Utilized Home Healthcare (last 2yrs)	10.1%	7.8%	8.5%	8.2%	10.3%	8.5%	10.7%	8.8%
Utilized Specialized Health Facility (last 2yrs)	15.3%	13.2%	7.8%	13.1%	19.7%	18.7%	19.5%	17.4%
Had Outpatient Surgery (last 2yrs)	16.7%	15.1%	14.4%	14.3%	19.9%	21.9%	20.2%	18.9%
Currently Taking Regular Prescription Drugs	82.3%	81.8%	82.3%	78.3%	87.7%	85.6%	86.9%	84.4%
Has Usual Source of Care	77.8%	77.6%	76.6%	74.7%	91.5%	90.5%	89.5%	87.0%



## 2020 Data Analysis: Preferences Rating Columns

Question Answers	Never/Sometimes				Usually/Always			
Total Sample 2014 to 2020	2014	2016	2018	2020	2014	2016	2018	2020
<b>Healthcare Coverage</b>								
Medicare Original	27.6%	29.9%	30.5%	30.9%	36.0%	35.7%	37.2%	35.8%
Medicare Managed Care	15.0%	19.9%	23.4%	23.0%	16.6%	21.1%	24.7%	24.7%
Medicaid Original	3.4%	2.7%	3.1%	3.3%	1.7%	1.8%	1.6%	1.7%
Medicaid Managed Care	2.0%	2.9%	2.3%	2.3%	1.4%	1.7%	1.6%	1.6%
Dual Eligible Original	4.8%	5.7%	6.4%	6.2%	3.6%	3.5%	3.7%	3.3%
Dual Eligible Managed Care	3.3%	4.2%	5.2%	4.9%	2.7%	3.6%	3.9%	3.5%
Veteran Health Plan	1.3%	1.3%	1.0%	0.9%	2.2%	1.7%	1.4%	1.6%
Private Insurance	42.6%	33.4%	28.1%	28.5%	35.8%	30.9%	25.9%	27.8%
<b>Census Region</b>								
Northeast	15.8%	16.6%	15.6%	14.8%	15.4%	15.0%	14.9%	15.3%
Midwest	22.8%	20.9%	17.0%	14.8%	23.1%	22.7%	22.1%	19.7%
South	37.9%	40.8%	48.6%	51.4%	40.2%	40.3%	41.6%	43.3%
West	23.5%	21.8%	18.9%	19.0%	21.3%	22.0%	21.3%	21.7%
<b>Healthcare Satisfaction Rating</b>								
Very Dissatisfied	5.0%	4.7%	4.1%	3.9%	1.1%	1.3%	1.0%	0.9%
Somewhat Dissatisfied	7.0%	7.0%	6.8%	5.8%	2.8%	2.8%	2.9%	2.3%
Neutral	19.0%	16.8%	17.5%	17.7%	9.2%	9.3%	9.3%	10.6%
Somewhat Satisfied	37.8%	36.8%	39.4%	38.4%	28.2%	28.4%	29.1%	27.0%
Very Satisfied	31.3%	34.7%	32.2%	34.2%	58.8%	58.3%	57.7%	59.2%
<b>Health Change in Last 2yrs</b>								
Health Improved	11.3%	11.2%	9.8%	9.6%	12.1%	12.2%	11.2%	11.0%
Health Worsened	20.9%	24.1%	25.1%	23.1%	20.6%	23.1%	23.7%	21.0%

## Respondents were asked:

*Thinking about your experiences with the health care system over the past year, how often were your preferences for care taken into account, never, sometimes, usually, or always?*

## 2020 Data Analysis: Preferences Rating Rows

*The preferences rating rows show the relationship between people who answered the question above and various social demographic characteristics. Because this is a “row analysis”, it shows how the characteristic is distributed across the different preference categories and the proportions for a given demographic category will sum to 100% when viewed across the two major preference ratings. It is a different way of displaying the same relationship compared to preferences rating rows.*

## 2020 Data Analysis: Preferences Rating Rows

Question Answers	Sometimes/Never				Usually/Always			
Total Sample 2014 to 2020	2014	2016	2018	2020	2014	2016	2018	2020
<b>Age (Mean)</b>	66.1	66.4	67.5	68.8	67.5	69.3	71.1	68.8
50 to 64	37.5%	34.7%	32.2%	29.0%	62.6%	65.4%	67.9%	71.0%
65 to 74	29.4%	25.5%	25.7%	24.2%	70.5%	74.5%	74.3%	75.9%
75 to 84	31.9%	32.3%	27.2%	23.8%	68.1%	67.7%	72.8%	76.1%
85+	32.0%	27.8%	27.1%	24.8%	68.0%	72.2%	72.9%	75.2%
<b>Gender</b>								
Female	31.8%	29.8%	28.2%	23.3%	68.1%	70.2%	71.9%	76.7%
Male	36.2%	34.2%	31.1%	28.6%	63.7%	65.7%	68.8%	71.4%
<b>Race/Ethnicity</b>								
Non-Hispanic White	26.4%	22.2%	20.0%	17.0%	73.5%	77.7%	80.0%	83.0%
Non-Hispanic Black	43.4%	42.1%	41.8%	38.2%	56.6%	57.9%	58.2%	61.8%
Non-Hispanic Other	42.7%	38.7%	35.9%	39.0%	57.3%	61.3%	64.1%	61.0%
Hispanic	47.3%	49.2%	51.6%	48.2%	52.8%	50.8%	48.4%	51.8%
<b>Education Yrs (Mean)</b>	12.4	11.7	12.1	12.2	13.7	13.7	13.7	13.6
<b>Marital Status</b>								
Married/Partnered	31.7%	29.4%	27.1%	23.7%	68.4%	70.6%	72.8%	76.2%
Widowed	33.5%	31.9%	28.8%	27.0%	66.5%	68.1%	71.2%	73.0%
Divorced/Separated	38.4%	35.0%	32.1%	29.4%	61.6%	65.0%	67.9%	70.6%
Never Married	40.9%	37.9%	38.5%	35.5%	59.1%	62.0%	61.6%	64.5%

## 2020 Data Analysis: Preferences Rating Rows

Question Answers	Sometimes/Never				Usually/Always			
Total Sample 2014 to 2020	2014	2016	2018	2020	2014	2016	2018	2020
<b>Financial Characteristics</b>								
Household Income (Mean)	\$55,544	\$47,374	\$53,411	\$49,432	\$80,400	\$80,803	\$81,935	\$90,103
\$0 to \$29.9K	43.1%	41.1%	39.2%	33.8%	57.0%	59.0%	60.8%	66.1%
\$30k to \$74.9K	32.3%	30.6%	28.2%	24.0%	67.7%	69.4%	71.8%	76.0%
\$75k and over	22.1%	20.9%	18.6%	14.9%	77.9%	79.1%	81.4%	85.1%
Net Wealth Mean	\$271,257	\$264,501	\$348,255	\$343,587	\$528,717	\$575,773	\$655,484	\$714,564
Below FPL	43.3%	45.5%	44.8%	41.0%	56.7%	54.5%	55.2%	59.0%
Receives Government Assistance Benefits	35.8%	28.5%	32.3%	29.2%	64.2%	71.6%	67.7%	70.9%
Retired	31.7%	24.5%	26.7%	24.0%	68.4%	75.5%	73.3%	76.0%
Out-of-Pocket Medical Expenditures (Mean)	\$2,677	\$2,868	\$2,483	\$2,832	\$2,748	\$3,399	\$3,424	\$2,971
<b>Health</b>								
Self-rated Health (Mean) (1 to 5 scale; 1=poor, 5=excellent)	3.0	3.1	3.1	3.0	2.8	2.8	2.9	3.0
Poor/Fair Health	41.3%	41.0%	39.4%	34.8%	58.7%	58.9%	60.6%	65.3%
Depression	44.0%	43.2%	39.4%	34.7%	56.0%	56.8%	60.6%	65.3%
Chronic Conditions (Mean)	2.1	2.2	2.4	2.5	2.1	2.2	2.5	2.3
Impaired Cognition	38.2%	32.0%	38.2%	36.1%	61.8%	68.0%	61.9%	63.9%
ADLs (Mean)	0.4	0.4	0.5	0.6	0.3	0.4	0.4	0.5
IADLs (Mean)	0.6	0.7	0.9	1.0	0.6	0.6	0.8	0.8
BMI (Mean)	29.1	29.2	28.9	29.1	28.9	28.7	28.8	28.9
Current Smoker	43.9%	33.0%	38.9%	34.7%	56.0%	67.1%	61.1%	65.2%
Exercise Moderate/Vigorous more than once/week	32.3%	23.0%	27.8%	25.7%	67.7%	76.9%	72.2%	74.3%

## 2020 Data Analysis: Preferences Rating Rows

Question Answers	Sometimes/Never				Usually/Always			
Total Sample 2014 to 2020	2014	2016	2018	2020	2014	2016	2018	2020
<b>Healthcare Utilization/Insurance</b>								
Had a Hospital Stay (last 2yrs)	31.2%	24.5%	26.7%	23.8%	68.8%	75.5%	73.3%	76.2%
Number of Days in Hospital if had a Stay (last 2yrs) (Mean)	1.4	2.0	2.1	7.9	1.6	1.9	2.0	7.4
Had a Nursing Home Stay (last 2yrs)	31.3%	28.0%	25.0%	20.6%	68.7%	72.0%	75.0%	79.4%
Number of Days in Nursing Home if had a Stay (last 2yrs) (Mean)	3.6	3.8	6.3	16.4	3.0	8.1	11.9	26.7
Number of Doctor Visits (last 2yrs) (Mean)	7.5	8.7	8.4	6.5	9.7	10.4	9.8	8.6
Utilized Home Healthcare (last 2yrs)	28.8%	25.2%	23.5%	23.8%	71.2%	74.7%	76.5%	76.2%
Utilized Specialized Health Facility (last 2yrs)	27.1%	20.2%	22.4%	21.2%	72.9%	79.8%	77.6%	78.8%
Had Outpatient Surgery (last 2yrs)	26.5%	19.6%	22.6%	20.6%	73.6%	80.5%	77.5%	79.4%
Currently Taking Regular Prescription Drugs	31.4%	24.1%	27.4%	24.4%	68.7%	76.0%	72.6%	75.6%
Has Usual Source of Care	30.1%	28.2%	25.5%	22.9%	69.9%	71.8%	74.5%	77.1%

## 2020 Data Analysis: Preferences Rating Rows

Question Answers	Sometimes/Never				Usually/Always			
Total Sample 2014 to 2020	2014	2016	2018	2020	2014	2016	2018	2020
<b>Healthcare Coverage</b>								
Medicare Original	29.6%	27.6%	24.4%	21.9%	70.5%	72.4%	75.6%	78.1%
Medicare Managed Care	30.6%	28.3%	26.5%	23.2%	69.5%	71.6%	73.5%	76.8%
Medicaid Original	44.1%	40.3%	40.7%	37.6%	55.9%	59.7%	59.2%	62.4%
Medicaid Managed Care	42.8%	39.0%	36.2%	34.7%	57.2%	61.0%	63.8%	65.3%
Dual Eligible Original	39.0%	39.7%	38.5%	38.8%	61.0%	60.2%	61.5%	61.2%
Dual Eligible Managed Care	36.9%	35.2%	32.6%	31.8%	63.2%	64.7%	67.4%	68.2%
Veteran Health Plan	24.2%	21.7%	20.5%	15.9%	75.7%	78.3%	79.6%	84.1%
Private Insurance	38.1%	34.5%	32.3%	25.6%	61.9%	65.5%	67.6%	74.5%
<b>Census Region</b>								
Northeast	27.4%	26.2%	27.9%	23.7%	72.6%	73.7%	72.1%	76.4%
Midwest	25.5%	22.1%	24.3%	19.8%	74.5%	77.9%	75.7%	80.2%
South	28.2%	26.7%	32.9%	28.2%	71.7%	73.3%	67.1%	71.9%
West	28.3%	23.6%	27.0%	23.5%	71.6%	76.4%	73.0%	76.5%
<b>Healthcare Satisfaction Rating</b>								
Very Dissatisfied	66.8%	64.0%	63.3%	64.2%	33.2%	36.0%	36.8%	35.8%
Somewhat Dissatisfied	55.8%	54.2%	51.8%	47.4%	44.2%	45.8%	48.2%	52.6%
Neutral	50.1%	45.5%	45.8%	38.6%	49.8%	54.5%	54.2%	61.4%
Somewhat Satisfied	39.8%	36.2%	34.3%	33.4%	60.2%	63.8%	65.6%	66.5%
Very Satisfied	21.7%	20.6%	17.9%	16.8%	78.4%	79.4%	82.0%	83.2%
<b>Health Change in Last 2yrs</b>								
Health Improved	32.0%	27.4%	27.0%	25.7%	68.0%	72.6%	73.1%	74.3%
Health Worsened	34.0%	30.7%	30.3%	27.7%	66.0%	69.2%	69.7%	72.4%

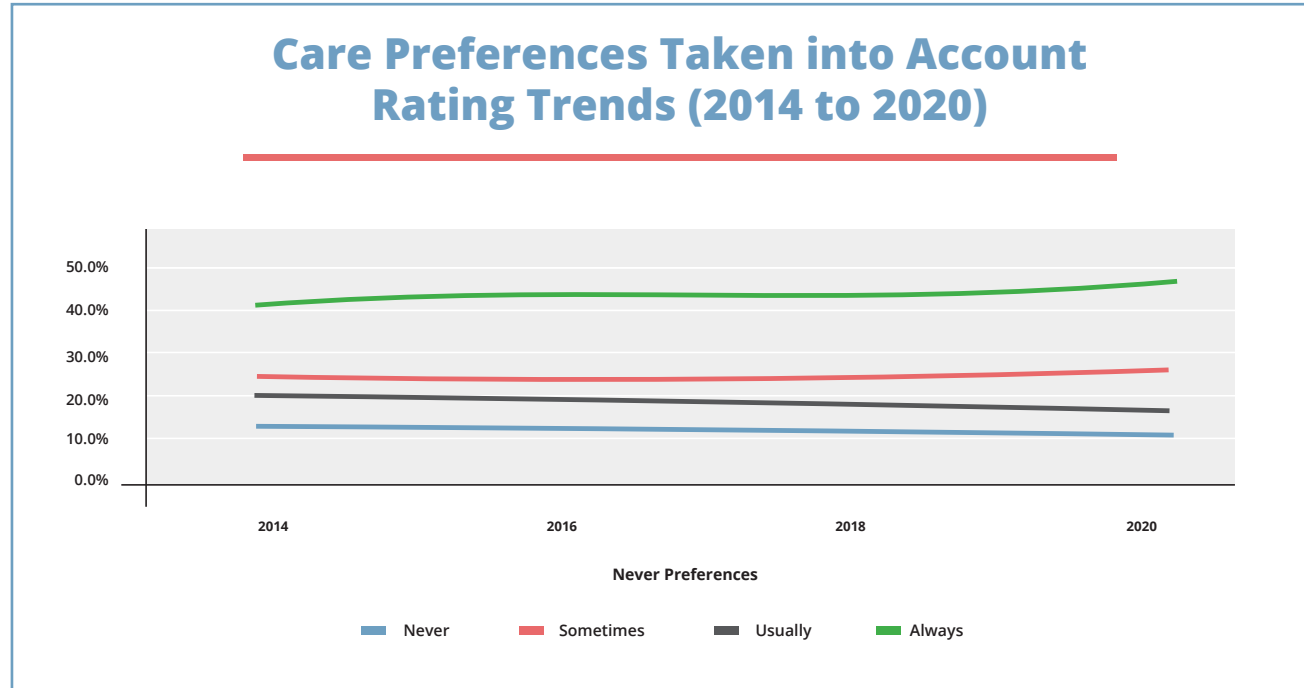
## Respondents were asked:

*Thinking about your experiences with the health care system over the past year, how often were your preferences for care taken into account, never, sometimes, usually, or always?*

## 2020 Data Analysis: Figures-Chart Trends

## 2020 Data Analysis: Figures-Chart Trends

Healthcare Preferences Rating	2014	2016	2018	2020
Never	13.50%	12.40%	12.90%	10.80%
Sometimes	20.20%	19.20%	19.10%	16.60%
Usually	24.90%	24.20%	24.70%	26.10%
Always	41.40%	44.10%	43.30%	46.50%

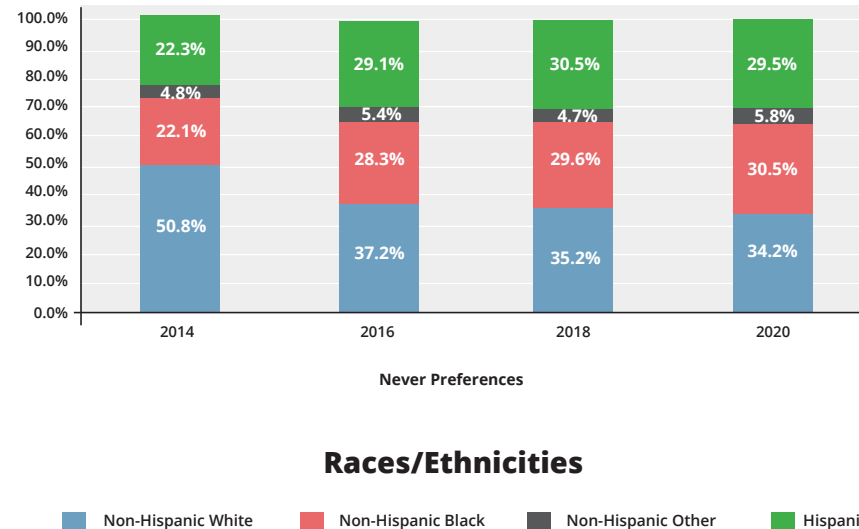




## 2020 Data Analysis: Figures-Chart Trends

Race/Ethnicity	Never Preferences				Sometimes Preferences				Usually Preferences				Always Preferences			
	2014	2016	2018	2020	2014	2016	2018	2020	2014	2016	2018	2020	2014	2016	2018	2020
Non-Hispanic White	50.8%	37.2%	35.2%	34.2%	49.2%	42.9%	41.9%	41.4%	74.9%	69.1%	68.7%	72.3%	67.8%	63.7%	62.8%	65.8%
Non-Hispanic Black	22.1%	28.3%	29.6%	30.5%	26.8%	28.6%	28.2%	28.6%	14.0%	16.2%	16.5%	15.3%	18.0%	19.1%	20.0%	18.5%
Non-Hispanic Other	4.8%	5.4%	4.7%	5.8%	4.1%	6.1%	6.0%	5.9%	2.6%	4.4%	4.9%	2.6%	3.1%	4.4%	4.0%	2.7%
Hispanic	22.3%	29.1%	30.5%	29.5%	19.9%	22.4%	23.9%	24.1%	8.5%	10.3%	9.9%	9.8%	11.1%	12.8%	13.2%	13.0%

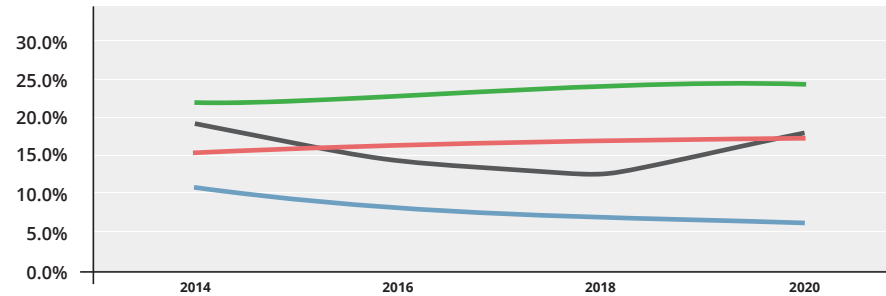
### Age 50+ Reporting Care Preferences Never Considered



## 2020 Data Analysis: Figures-Chart Trends

Race/Ethnicity	Never Preferences				Sometimes Preferences				Usually Preferences				Always Preferences			
	2014	2016	2018	2020	2014	2016	2018	2020	2014	2016	2018	2020	2014	2016	2018	2020
Non-Hispanic White	10.8%	8.0%	7.0%	6.2%	15.6%	14.2%	13.0%	10.8%	29.4%	29.0%	29.1%	31.0%	44.1%	48.7%	50.9%	52.0%
Non-Hispanic Black	15.4%	16.3%	17.1%	17.3%	28.0%	25.8%	24.7%	20.9%	18.1%	18.4%	17.2%	20.1%	38.5%	39.5%	41.0%	41.7%
Non-Hispanic Other	19.1%	14.2%	12.4%	18.0%	23.6%	24.5%	23.5%	21.0%	19.6%	21.5%	24.2%	20.7%	37.7%	39.8%	39.9%	40.3%
Hispanic	22.0%	22.7%	24.1%	24.6%	25.3%	26.5%	27.5%	23.6%	16.2%	15.5%	14.7%	16.4%	36.6%	35.3%	33.7%	35.4%

### Age 50+ Reporting Care Preferences Never Considered



#### Races/Ethnicities

■ Non-Hispanic White   
 ■ Non-Hispanic Black   
 ■ Non-Hispanic Other   
 ■ Hispanic

## Respondents were asked:

*Thinking about your experiences with the health care system over the past year, how often were your preferences for care taken into account, never, sometimes, usually, or always?*

## 2020 Data Analysis: Sample Characteristics

## 2020 Data Analysis: Sample Characteristics

<b><u>Variables</u></b>	<b><u>2014</u></b>	<b><u>2016</u></b>	<b><u>2018</u></b>	<b><u>2020</u></b>
<b><u>Age (Mean)</u></b>	68.4	66.6	67.0	68.5
50 to 64	43.3%	51.4%	46.7%	41.8%
65 to 74	26.0%	22.0%	24.1%	29.3%
75 to 84	22.3%	19.4%	21.5%	20.6%
85+	8.4%	7.2%	7.7%	8.3%
<b><u>Gender</u></b>				
Female	58.5%	57.9%	59.0%	58.0%
Male	41.5%	42.1%	41.0%	42.0%
<b><u>Race/Ethnicity</u></b>				
Non-Hispanic White	63.5%	62.9%	56.9%	60.1%
Non-Hispanic Black	19.2%	19.1%	21.9%	20.5%
Non-Hispanic Other	3.6%	3.8%	4.7%	4.0%
Hispanic	13.7%	14.2%	16.5%	15.4%
<b><u>Education Yrs (Mean)</u></b>	13.1	13.2	13.6	13.4
<b><u>Marital Status</u></b>				
Married/Partnered	56.3%	51.6%	54.3%	52.9%
Widowed	20.9%	22.3%	17.6%	18.8%
Divorced/Separated	17.8%	20.5%	20.6%	20.7%
Never Married	5.0%	5.6%	7.5%	7.6%

## 2020 Data Analysis: Sample Characteristics

<b>Variables</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2020</b>
<b>Financial Characteristics</b>				
Household Income (Mean)	\$68,969	\$73,915	\$79,393	\$81,470
\$0 to\$ 29.9K	39.2%	38.6%	38.0%	35.3%
\$30k to \$74.9K	33.4%	32.0%	31.5%	33.3%
\$75k and over	27.3%	29.4%	30.4%	31.4%
Net Wealth Mean	\$438,635	\$438,427	\$518,603	\$627,973
Below FPL	12.2%	13.4%	15.1%	14.8%
Receives Government Assistance Benefits	15.0%	15.6%	15.6%	15.8%
Retired	51.3%	48.2%	48.6%	52.4%
Out-of-Pocket Medical Expenditures (Mean)	\$3,442	\$3,585	\$3,083	\$2,936

## 2020 Data Analysis: Sample Characteristics

<b>Variables</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2020</b>
<b>Health</b>				
Self-rated Health (Mean) (1 to 5 scale; 1=poor, 5=excellent)	3.1	3.1	2.9	2.9
Poor/Fair Health	30.7%	31.2%	29.7%	28.7%
Depression	21.1%	21.3%	20.9%	20.8%
Chronic Conditions (Mean)	2.3	2.3	2.3	2.4
Impaired Cognition	2.2%	2.3%	1.3%	1.9%
ADLs (Mean)	0.4	0.4	0.4	0.6
IADLs (Mean)	0.8	0.8	0.8	0.9
BMI (Mean)	28.5	29.0	29.1	29.0
Current Smoker	12.8%	14.3%	13.2%	11.6%
Exercise Moderate/Vigorous more than once/week	66.2%	68.0%	68.1%	72.5%

## 2020 Data Analysis: Sample Characteristics

<b><u>Variables</u></b>	<b><u>2014</u></b>	<b><u>2016</u></b>	<b><u>2018</u></b>	<b><u>2020</u></b>
<b><u>Healthcare Utilization</u></b>				
Had a Hospital Stay (last 2yrs)	24.7%	24.9%	23.2%	22.0%
Number of Days in Hospital if had a Stay (last 2yrs) (Mean)	2.1	2.2	1.9	5.5
Had a Nursing Home Stay (last 2yrs)	5.0%	5.3%	3.7%	3.1%
Number of Days in Nursing Home if had a Stay (last 2yrs) (Mean)	12.1	12.3	8.8	15.3
Number of Doctor Visits (last 2yrs) (Mean)	9.7	9.9	9.1	8.0
Utilized Home Healthcare (last 2yrs)	9.2%	8.8%	8.7%	8.7%
Utilized Specialized Health Facility (last 2yrs)	16.4%	16.9%	16.8%	16.3%
Had Outpatient Surgery (last 2yrs)	18.5%	19.0%	17.7%	17.8%
Currently Taking Regular Prescription Drugs	82.8%	80.4%	81.1%	82.9%
Has Usual Source of Care	86.2%	84.6%	84.5%	84.0%
<b><u>Healthcare Coverage</u></b>				
Medicare Original	34.6%	27.3%	28.0%	29.4%
Medicare Managed Care	15.4%	16.2%	19.2%	19.4%
Medicaid Original	2.4%	3.1%	3.0%	3.2%
Medicaid Managed Care	1.6%	2.9%	2.8%	2.5%
Dual Eligible Original	4.6%	4.0%	4.1%	5.8%
Dual Eligible Managed Care	3.1%	3.4%	3.9%	4.6%
Veteran Health Plan	1.7%	1.8%	1.8%	1.7%
Private Insurance	36.6%	41.2%	37.2%	33.4%

## 2020 Data Analysis: Sample Characteristics

<b>Variables</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2020</b>
<b>Census Region</b>				
Northeast	16.0%	15.5%	13.7%	14.8%
Midwest	22.1%	19.7%	19.7%	18.6%
South	41.8%	43.1%	45.6%	47.9%
West	20.1%	21.7%	21.0%	18.7%
<b>Healthcare Satisfaction Rating</b>				
Very Dissatisfied	4.0%	5.5%	4.4%	1.7%
Somewhat Dissatisfied	4.1%	4.4%	4.1%	3.2%
Neutral	12.3%	12.5%	13.0%	12.3%
Somewhat Satisfied	30.7%	30.3%	30.7%	29.8%
Very Satisfied	48.9%	47.3%	47.8%	53.0%
<b>Healthcare Preferences Rating</b>				
Never	13.5%	12.4%	12.9%	10.8%
Sometimes	20.2%	19.2%	19.1%	16.6%
Usually	24.9%	24.2%	24.7%	26.1%
Always	41.4%	44.1%	43.3%	46.5%