

# San Mateo County New Beginning Coalition

---

## At a Glance

Formed in 1992, the San Mateo County New Beginning Coalition (NBC) serves as a unique channel to engage older adults, people with disabilities, caregivers, and service providers in San Mateo County. The NBC is committed to enhancing the quality of life for older adults and people with disabilities through the development and implementation of countywide services. The Coalition holds quarterly meetings; more than 40 members focus on promoting independence through holistic and community-based approaches to health care, well-being, and safety. Additionally, the NBC supports: 1) options for increased mobility; 2) advocating for affordable and accessible housing options; 3) promoting community-based services that support independence, socialization, and safety for older adults, people with disabilities, and their caregivers; and 4) efforts for San Mateo County to be an age-friendly community.

## Key Policy & Communication Focus Areas

### **System Transformation**

- Aging and Disability Resource Connections
- Building Bridges – Health Care and Social Services
- Cal MediConnect/Managed LTSS

### **Local Programs**

- Home- and Community-Based Services
- Housing
- Transportation

### County Served:

- San Mateo

### Languages Served:

- Cantonese
- English
- Mandarin
- Russian
- Spanish
- Tagalog
- Japanese

### Primary Contact:

Anna Sawamura MSW  
Program Services Manager  
San Mateo County Health  
Aging and Adult Services  
[asawamura@smcgov.org](mailto:asawamura@smcgov.org)  
650-573-3527

### Additional Contact:

Cristina Ugaitafa  
Community Program Analyst, Planner  
San Mateo County Aging and Adult  
Services  
[cugaitafa@smcgov.org](mailto:cugaitafa@smcgov.org)  
650-573-2937

### Web:

[NBC Webpage](#)