



Health Homes and Long Term Support Services

James Cotter, MD, MPH



Partnership Health Plan and LTSS

PHC Covers:

- CBAS
- ICF
- SNF
- LTC

State Covers:

- IHSS

Self-pay and Federal:

- Residential Care for the Elderly (RCE)
- 30% have SSI and SSP support

Partnership's Health Homes Program

Health Homes Program:

PHC's Intensive Out-Patient Care Management (IOPCM)

- IOPCM offers an additional layer of support
- Medically and socially complex members

Goals:

- Coordinate care
- Enhance social support
- Improve self management
- Reduce costs and utilization

Partnership's Health Homes Program

Guidelines:

Engagement

Care
Coordination

Health
Promotion

Transitional
Care

Support
Services

Community Based Adult Services

- The health plan is financially responsible for CBAS services. A PHC RN case manager performs face to face visit, confirms diagnoses, and reviews the care plan.
- Patients: Alzheimer's, TBI, chronic disease with mental and physical components, cognitively challenged patients
- Services: transportation, physical and occupational therapy, RN evaluation, medication administration

CBAS Opportunities

- **Challenges:**

- CBAS sites are not the “medical home”

- **Opportunities:**

- Integrating the daily care of these patients with their medical care and improving communication and outcomes

- **Recommendations:**

- Develop systems to improve the real time communication with the medical home to improve coordination and integration of services.

In Home Support Services

- IHSS is covered by the state, through local county administration.
- A County Social Worker determines medical necessity and hours of care that are needed, no direct role for health plan or provider.
- Services: housecleaning, meal preparation, personal care

IHSS Opportunities

- **Challenges:**
 - The IHSS program is disconnected from the medical care services one receives. It is the decision of the consumer to inform their IHSS worker of medical issues and needs.
- **Opportunities:**
 - IHSS providers and consumers can be connected earlier and more efficiently to case management programs.
- **Recommendations:**
 - Engaging IHSS consumers and providers to be part of the Health Homes care team.
 - Invite the County to communicate with the Health Home team about members receiving services

Goals for Health Homes and LTSS

- **Challenges:**
 - Fragmentation of funding
 - Lack of integration and communication between entities
- **Opportunities:**
 - Respond to the patient's needs
 - Coordinate services
 - Avoid fragmentation and silos of care
 - Improve continuity across medical, behavioral and LTSS services
- **Recommendation:**
 - Health home care management staff should connect with community providers and include them in multi-disciplinary care team meetings