

2015 Long Term Services and Support Summit

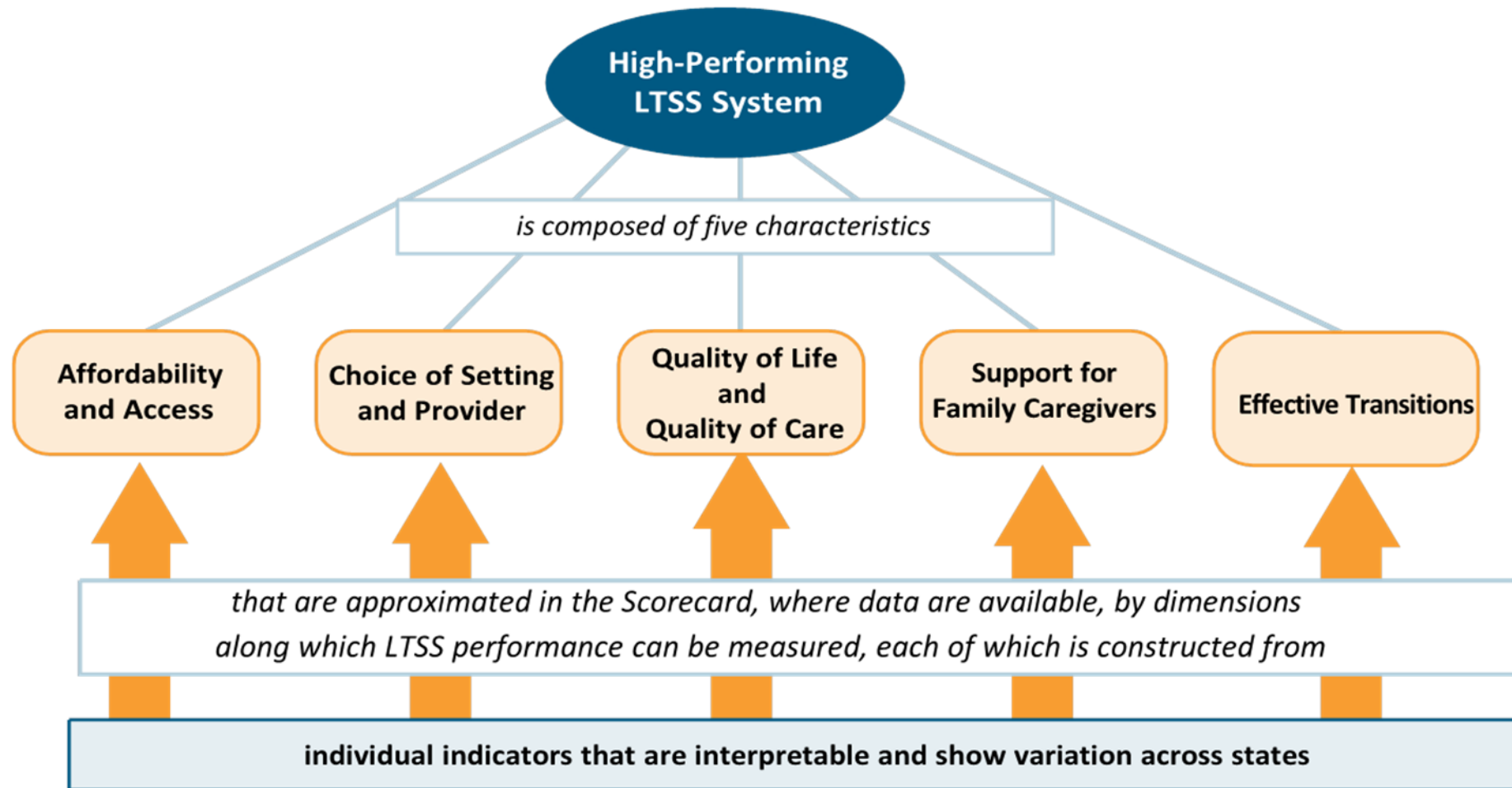
Blanca E. Castro
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AARP



Long Term Services and Supports

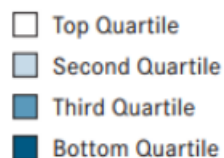
- Day-to-day help needed by people with longer-term illnesses, disabilities, frailty, or other extended health conditions.
- Includes: help with housekeeping, transportation, paying bills, meals, personal care, care provided in the home by a nurse or other paid health professional, adult day services, and other ongoing social and health care services outside the home.
- Long-term services and supports also include supportive services provided to family members and other unpaid caregivers.

Framework for Assessing LTSS System Performance



State Ranking on Overall LTSS System Performance

State Rank



Affordability and Access
 Choice of Setting and Provider
 Quality of Life and Quality of Care
 Support for Family Caregivers
 Effective Transitions

Affordability and Access
 Choice of Setting and Provider
 Quality of Life and Quality of Care
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 Effective Transitions

RANK	STATE	DIMENSION RANKING				
1	Minnesota					
2	Washington					
3	Oregon					
4	Colorado					
5	Alaska					
6	Hawaii					
6	Vermont					
8	Wisconsin					
9	California					
10	Maine					
11	District of Columbia					
12	Connecticut					
13	Iowa					
14	New Mexico					
15	Illinois					
16	Wyoming					
17	Kansas					
18	Massachusetts					
19	Virginia					
20	Nebraska					
21	Arizona					
22	Idaho					
23	Maryland					
24	South Dakota					
25	New York					

RANK	STATE	DIMENSION RANKING				
26	Montana					
26	New Jersey					
28	North Carolina					
29	Delaware					
30	Texas					
31	Michigan					
32	New Hampshire					
33	North Dakota					
34	South Carolina					
35	Missouri					
36	Georgia					
37	Louisiana					
38	Rhode Island					
39	Utah					
40	Arkansas					
41	Nevada					
42	Pennsylvania					
43	Florida					
44	Ohio					
45	Oklahoma					
46	West Virginia					
47	Indiana					
48	Tennessee					
49	Mississippi					
50	Alabama					
51	Kentucky					

Dimension: Affordability and Access

In a high-performing LTSS system, consumers are able to easily find and afford the services they need and there is a safety net for those who cannot afford services.

Affordability and Access includes:

- The relative affordability of private-pay LTSS;
- The proportion of individuals with private long-term care insurance;
- The reach of the Medicaid safety net and the Medicaid LTSS safety net to people with disabilities who have modest incomes; and
- The ease of navigating the LTSS system.

Affordability and Access: California – Ranked 14

Nurse home affordability	28
Home care affordability	17
Private long-term care insurance	24
Medicaid	6
Medicaid LTSS	1
ADRC functions	49

Valuing the Invaluable 2015 Update

AARP Public Policy Institute

- This recent report published by AARP PPI highlights the importance of family caregiving on the public policy agenda

www.aarp.org/ppi/info-2015/valuing-the-invaluable

Heavy Reliance on Family Caregiving

The vast majority of the “financing” of long-term care has depended on the unpaid care of family caregivers.

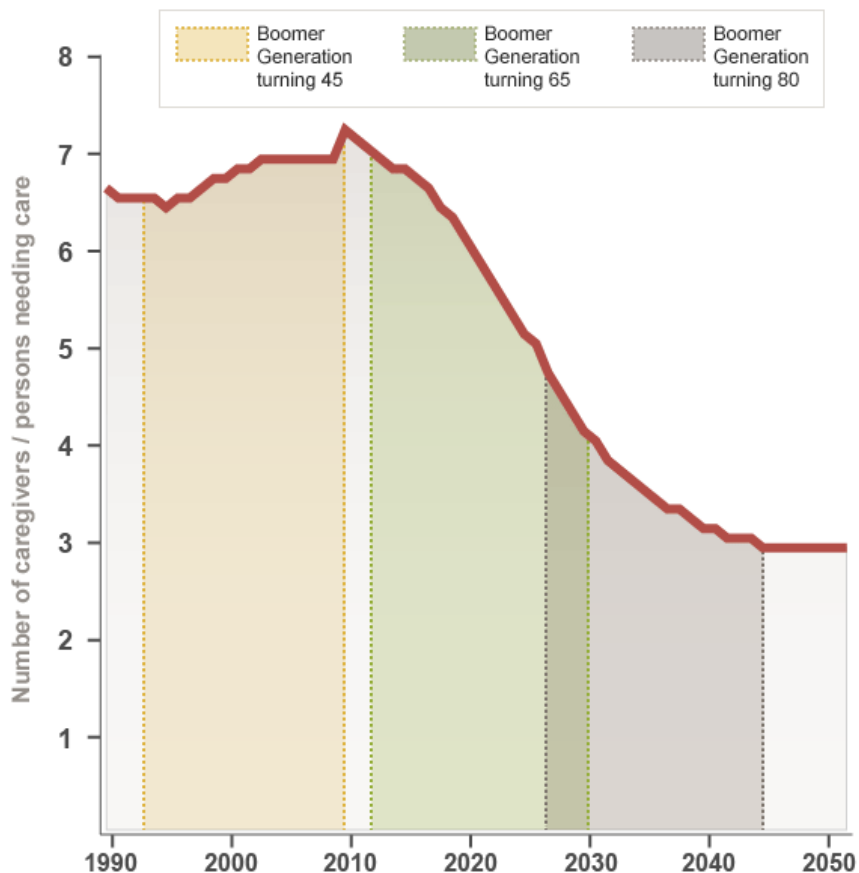
- In 2013, 4.4 million family caregivers provided \$57 billion worth of unpaid care
- Equivalent to 4 times total Medi-Cal expenditures for LTSS
- California Medi-Cal spent \$11,886 per user on older & disabled persons for home and community based services in 2011

Heavy Reliance on Family Caregiving

The National Alliance for Caregiving (NAC) and the AARP Public Policy Institute Released -*Caregiving in the U.S. 2015*

- 85% of caregivers take care of a relative
- 42% are caring for a parent than any other relation (31 percent for their mother, 11 percent for father), with an additional 7 percent reporting they care for a parent-in-law.

Caregiver Support Ratio



You Take Care of Mom, But Who Will Take Care of You?

Family caregivers provide the majority of long-term services and supports (LTSS). But the supply of family caregivers is unlikely to keep pace with future demand. The Caregiver Support Ratio is defined as the number of potential family caregivers (mostly adult children) aged 45-64 for each person aged 80 and older—those most likely to need LTSS. The caregiver support ratio is used to estimate the availability of family caregivers during the next few decades.

In **2010**, the caregiver support ratio was **more than 7 potential caregivers** for every person in the high-risk years of 80-plus.



In **2030**, the ratio is projected to decline sharply to **4 to 1**; and it is expected to further fall to less than **3 to 1** in **2050**.

POLICY ACTION: Rising demand and shrinking families to provide LTSS call for new solutions to the financing and delivery of LTSS and family support.

Source: D. Redfoot, L. Feinberg, and A. Houser, *The Aging of the Baby Boom and the Growing Care Gap: A Look at Future Declines in the Availability of Family Caregivers* (Washington, D.C.: AARP Public Policy Institute, August 2013). www.aarp.org/research/ppi

AARP Social Change Agenda

- **Livable Communities for All Ages –**
- A livable community is a place where all people can live healthy and independent lives regardless of their age or ability.
- 2014 AARP survey found 80 % of respondents over age 45 and older want to stay in their to stay in their community as they age.
- AB 90 establishes Home and Community Development Department to administer funds from the new Federal Housing Trust Fund.

AARP Social Change Agenda

- **Caregiving/Health/Long Term Care-**
- **Nurse Practitioners – modernize California’s law – SB 323 (Hernandez)**
- **California Taskforce on Family Caregiving – Passed 2015**
- **Hospital and Family Caregiver Bill – SB675 (Liu)**

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