



Care1st
HEALTH PLAN

Disabled Seniors & Persons with Disabilities (SPD) Pilot

LTSS Summit 9.30.14
Sacramento, CA

**Care1st Health Plan &
Access to Independence**

Yes, it's all about you!

Disabled SPD Pilot Goals

- ✓ Develop a working model to prepare for Coordinated Care Initiative
- ✓ Test impact of Housing Placement for Disabled Homeless on Health Care Utilization
- ✓ Impart Institutional Knowledge to Care1st about homeless population

Care1st San Diego SPD Population

San Diego SPDs Benefits Groups	Total
Aged	992
Aged Dual	243
Disabled	5,783
Disabled Dual	1,039
Total SPDs	8,057

Primary Challenges of SPD Members

Homeless or Transient – Priority Needs:

- Emergency shelter, transitional and temporary housing, and/or permanent housing
- Mental health and substance abuse issues, including Seriously Mentally Ill (SMI)
- High ER utilization
- Food & Transportation
- Long term Services and Supports (LTSS)

Care1st Disabled SPD Pilot Member Selection

Current members (April, 2013), not contactable by phone or with “Homeless” in Address Field [8%]

293 identified by 6-month utilization thresholds:

Hospital	58%
Emergency Room	19%
Total Utilization	16%

Pilot Project Time Frame

1. December, 2012: Initial meeting with Access to Independence
2. February, 2013: Care1st Staff Hired
3. March- April 2013: Clinical Systems Development, Work Flow creation, Kickoff meeting, test cases
4. May- November 2013: 7-month Pilot
5. Post-Pilot: Evaluation for continued CM/SW

Disabled SPD Pilot- Workflow (Access To Independence)

Step 1: Referral request for services from Care1st

Step 2: Find/Contact member to conduct Assessments; Consent

Step 3: Complete & upload the following documents:

First month (30 days):

- Independent Living Plan (ILP)
- Pilot Health Risk Assessment (Pilot HRA)
- Care Transition Plan (members in SNFs, rehab hospitals & acute care hospitals)

Months 2-6 (each consisting of a 30-day period):

- Updated ILP or
- Updated Care Transition Plan
- Participate in care coordination meetings with Care1st
- Monthly Report

Disabled SPD Pilot Workflow (Care1st Case Manager/Social Worker)

Case Management

- ❖ Member Assessment
 - ❖ HRA
 - ❖ Individualized Care Plan
- ❖ Member Case Management
 - Problems, Goals, Interventions (PIGs)
 - Coordination of medical Care with St. Vincent; FQHC
 - Authorizations, Transportation, etc.

Social Services

- ❖ ILP/ICP Review, coordination with Access to Independence
- ❖ Weekly Case Conferences with Medical Director/VP Medical Management

Disabled SPD Pilot Overall

Group	Total	Completed Pilot	Placed	Homeless Clinic	PCP (FQHC)
Hospital	48	36	14	9	27
Found by A2I	18	15	1	1	14
Totals	66	51	15	10	41

Thoughts

- ✓ Pilot Results not Statistically Significant
- ✓ Question of Increased Utilization during pilot management
- ✓ Placement & Case Management: Combination of Benefit
- ✓ Lessons learned about Member Population and Placement helped build foundation for Coordinated Care Initiative