Rural Managed Care in California: Update, Issues and Implications

Sandi Fitzpatrick, California Commission on Aging and
Sarah Steenhausen, The SCAN Foundation
Today’s Discussion: Rural Managed Care

• Rural Context
• Current Policy Provisions: Rural Managed Care
  – Enrollment and Covered Benefits
  – Delivery Models
  – Counties Impacted
  – Timeline
  – Rural Considerations
• Discussion
• Next Steps
Rural Context

- Population
- Geography
- Service Array
- Social Network

Approximately 70,000 people live in the 28 rural counties.
### 2012-13 Budget: System Changes

**Rural Managed Care and the Coordinated Care Initiative (CCI)**

<table>
<thead>
<tr>
<th>Main Provisions</th>
<th>Rural Managed Care</th>
<th>Coordinated Care Initiative</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transitions rural areas from Medi-Cal FFS to managed care</td>
<td>1. Dual eligible mandatory enrollment in Medi-Cal managed care</td>
<td></td>
</tr>
<tr>
<td>- no LTSS provisions</td>
<td>2. Inclusion of LTSS as Medi-Cal managed care benefit</td>
<td></td>
</tr>
<tr>
<td>- no Cal MediConnect</td>
<td>3. Cal MediConnect (Duals Demo)</td>
<td></td>
</tr>
</tbody>
</table>

| Populations | All Medi-Cal populations (initially voluntary for SPD (mandatory in COHS); mandatory for children and families) | Dual eligibles and SPDs | 8 demonstration counties |

| Geography    | Rural FFS counties                                                                 | 8 demonstration counties |

Approximately 70,000 people live in the 28 rural counties.
Where California Was

Approximately 70,000 people live in the 28 rural counties.
Where California Is Going

Approximately 70,000 people live in the 28 rural counties.
Background

California’s Current Medi-Cal Managed Care Infrastructure
Current Medi-Cal Managed Care Models

- Two-Plan Model
- County Organized Health System
- Geographic Managed Care

Medi-Cal managed care currently operates in 30 of California’s 58 counties.
California’s Medi-Cal Managed Care Counties (non-rural counties)
Current Policy Provisions: Transition to Managed Care in Rural Counties
Enrollment and Covered Benefits
Rural Managed Care Policy Provisions

• Enrollment
  - Voluntary (initially) for SPDs (note exception in COHS counties)
  - Voluntary for dual eligibles
  - Mandatory for women and children

• Benefits
  - All Medi-Cal covered services
  - Carve-out of LTSS (for now)
  - Carve-out of behavioral health
## Rural Managed Care Delivery Models

<table>
<thead>
<tr>
<th>Partnership Health Plan (COHS)</th>
<th>CA Health and Wellness; Anthem Blue Cross</th>
<th>Anthem Blue Cross</th>
<th>Molina; CA Health and Wellness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Humboldt Del Norte</td>
<td>Tehema; Glenn; Colusa; Sutter; Butte; Yuba</td>
<td>San Benito</td>
<td>Imperial</td>
</tr>
<tr>
<td>Trinity</td>
<td>Sierra; Placer; Plumas; Nevada; El Dorado</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trinity</td>
<td>Amador; Calaveras; Alpine; Tuolomne;</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trinity</td>
<td>Mariposa; Mono; Inyo</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shasta</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Modoc</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lassen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lake</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
California’s Rural Managed Care Counties
Timeline

• Stakeholder Workgroups (DHCS)-ongoing
• Consumer Outreach
  - 60, 30 day notice
• Enrollment:
  - First phase: COHS 9/1/13- 8 counties
  - Second phase: 11/1/13-remaining counties
• Plan Network Establishment-ongoing
Rural Considerations:
Stakeholder Feedback

• Quality and Access
• Consumer Participation and Protections
• Local Infrastructure
• System Development
For More Information

DHCS Rural Managed Care Expansion
Website:

www.dhcs.ca.gov/provgovpart/Pages/MMCDRuralExpansion.aspx
Our mission is to advance the development of a sustainable continuum of quality care for seniors.

Our vision is a society where seniors receive medical treatment and human services that are integrated in the setting most appropriate to their needs and with the greatest likelihood of a healthy, independent life.

Sign up to receive email alerts at www.TheSCANFoundation.org

Follow us on Twitter @TheSCANFndtn

Find us on Facebook The SCAN Foundation